

Three steps to follow if you are injured while at work:

- 1. Report your injury to your supervisor.
- 2. Call to speak to a Registered Nurse.
- 3. To speak to a nurse, select prompt #1 and provide employer TCC account number to the nurse.

(EMPLOYER NAME) Account Number (00000)

TeleCompCare® 0000-0000-000000 ImmunitedHeartland CompWest

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