



## Topic: Winter Footwear

### General Safety Tips

- Wear boots with slip-resistant soles
- Avoid smooth-soled or worn-out footwear that reduces grip
- Consider using ice cleats or traction devices when working outdoors for extended periods
- Take short steps, walk slowly and keep hands free to maintain balance
- Use handrails when using stairs or ramps
- Report icy walkways immediately and apply salt, sand or ice melt when necessary
- Watch for black ice near entrances, shaded areas and parking lots
- Test the ground before stepping out of vehicles and maintain three points of contact when exiting the vehicle
  - Ex. Hold the door and/or grab handle while exiting with feet on the ground for balance
- Change into dry, slip-resistant indoor shoes upon entering the building

### Topics to Discuss

- Appropriate winter footwear and traction aids
- Ice identification and reporting procedures
- Safe walking techniques on ice and snow
- Responsibilities for salting and clearing walkways
- Cold stress prevention and proper winter clothing
- High-risk areas around the workplace during winter weather

### Resources

For more information about this topic, visit:

- [Footwear Guide](#)
- [Slip, Trip and Fall Prevention: Sample Program](#)
- Safety Poster: [English](#) | [Spanish](#)
- [Accident Investigation Kit: Slips, Trips and Falls](#)
- [OSHA.gov](#)



# Safety in Five

**Topic:** \_\_\_\_\_  
**Date:** \_\_\_\_\_  
**Location:** \_\_\_\_\_  
**Meeting Organizer:** \_\_\_\_\_

Organization Name

Items Discussed:

Problem Areas or Concerns:

Attendees (Names/Signatures):	

Comments: