



## Topic: Slip, Trip and Fall Avoidance for Transportation and Delivery

### General Safety Tips

- Periodically include slip, trip and fall topics in driver huddles.
- Ask employees to slow down when entering and exiting vehicles. This remains one of the leading areas of loss. Reinforce the use of a three-point contact method.
- When making deliveries, remind employees to look up and look ahead. Work efficiently but avoid rushing. Uneven ground, loose gravel and wet grass can contribute to losses.
- In winter conditions, avoid potential black ice and walk around areas with heavy snow and ice when possible. Remind employees that shaded areas, including spaces between trucks, freeze first and stay icy longer.
- Establish a safe method for entering and exiting trailers. This may include a three-point contact method. Ladders, step stools or other approved equipment may be necessary with modified use for the weather conditions.
- Remind employees that product can shift and fall from boxes or stretch-wrapped loads. Instruct them to check load conditions before removing items from the trailer.
- In warehouse environments, pallets, banding and stretch wrap frequently contribute to losses. Implement a program or a formal housekeeping plan to reduce hazards.
- Express the importance of vehicle maintenance during pre-trip and post-trip inspections. Remind employees to choose a well-lit and level area to perform these tasks.

### Topics to Discuss

- Delivery location- uneven surfaces, change in elevation, wet or loose ground.
- Effect of ice or snow.
- Entering or exiting vehicles.
- Shipping and Receiving areas.
- Maintenance or vehicle adjustments.
- Products that may cause a slip, trip or fall.

### Resources

For more information about this topic, visit:

- [Resource Library | Accident Fund](#)
- [Resource Library | United Heartland](#)
- [Resource Library | Third Coast Underwriters](#)
- [Resource Library | CompWest Insurance](#)



# Safety in Five

**Topic:** \_\_\_\_\_  
**Date:** \_\_\_\_\_  
**Location:** \_\_\_\_\_  
**Meeting Organizer:** \_\_\_\_\_

Organization Name

Items Discussed:

Problem Areas or Concerns:

Attendees (Names/Signatures):	

Comments: